

Maynard Academy of Dance Fitness Classes

Tuesday	
7.15 - 8.15pm	Adults Tone/ Shape Class (20/O) Tia (Fightgym)
Wednesday	
9.15 - 10.15am	Adults Tone/ Shape Class (20/O) Tia (Fightgym)
Friday	
3.45 - 4.45pm	Teen Tone/ Booty Class (13-19yrs) Tia
4.45 - 5.30pm	Kids Boxing (7- 12yrs) Harry